



# Handbook of Treatment for Eating Disorders: 2nd Edition

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## Handbook of Treatment for Eating Disorders: 2nd Edition

In this seminal work, leading clinicians and researchers present the major treatments for eating disorders, including cognitive-behavioral, educational, psychodynamic, feminist, family-based, and medical approaches. Therapeutic approaches are described in step-by-step detail and illustrated with extensive case material. Several chapters function as self-contained treatment manuals, enabling practitioners to easily learn and implement each model, as well as adapt it to suit the needs of individual patients. The volume also covers diagnosis, assessment, sequencing of treatments, and ways to manage frequently encountered co-occurring problems.

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