

# Adolescents on the Autism Spectrum: A Parent's Guide to the Cognitive, Social, Physical, and Transition Needs of Teen agers with Autism Spectrum Disorders

Chantal Sicile-Kira

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From the award-winning author of *Autism Spectrum Disorders*, comes *Adolescents on the Autism Spectrum*, a complete guide to the cognitive, emotional, social, and physical needs of preteens and teenagers with autistic disorders, ranging from the relatively mild Asperger's Syndrome to more severe ability impairment. Using clear examples, practical advice, and supportive insights, this book covers:

- Health risks such as seizures and depression
- Treatments, therapies, and teaching strategies
- Teaching skills to cope with puberty, self-care, and social skills
- Teenage emotions, sexuality, appropriate relationships, and dating
- Middle school, high school, and developing an Individual Educational Program
- Preparing for life after high school



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