



The Afternoon of Life: Finding Purpose and Joy in Midlife

Elyse Fitzpatrick

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The Afternoon of Life is written for women in the middle years of their lives. As we age, we wonder at the many changes occurring in our lives. How do we make the necessary adjustments? How do we handle all this? Elyse Fitzpatrick shows us how our faith can be at the center of how we respond to these life changes.

With humor, transparency, and biblical wisdom, she helps us see that God's purpose in bringing us through this time is to glorify himself and sanctify us.

There are questions at the end of each chapter to help women during what may be the most difficult time they will face.

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