

# Shingles: Shingles Symptoms, Treatment, Causes and Cures (How To Treat Shingles/Herpes Zoster Virus Book 1)

Ashley Rosebloom

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### Shingles Disease-A Guide To Understanding The Herpes Zoster Virus

This book contains everything you need to know about the Shingles-Herpes Zoster Virus. In this guide you will learn about the symptoms, causes, treatment and cures of Shingles.

**Disclaimer:** This book is not intended as a substitute for the medical advice of physicians. The reader should regularly consult a physician in matters relating to his/her health and particularly with respect to any symptoms that may require diagnosis or medical attention.

#### Here are a few of the chapter titles from the book:

- 1. What Is Shingles
- 2. How is it Diagnosed
- 3. Diagnostic Facts
- 4. Shingles and Pregnancy
- 5. Shingles in The Eyes
- 6. Shingles in The Ears
- 7. Complications of Shingles
- 8. Urgency of Treatment
- 9. Pain Relief
- 10. Prevention
- 11. Shingles Vaccine
- 12. Home Remedies For Shingles

**IMPORTANT:** This virus is extremely painful and can be very detrimental. People have lost their eyesight and in some cases have lost their lives due to being infected with the Herpes Zoster virus. If you suspect that you have Shingles, get to a doctor immediately. The sooner you start treatment the quicker you will heal. This is a very dangerous illness.

#### **Statement From The Center of Disease Control About Shingles:**

"Shingles is a painful localized skin rash often with blisters that is caused by the varicella zoster virus (VZV), the same virus that causes chickenpox. Anyone who has had chickenpox can develop shingles because VZV remains in the nerve cells of the body after the chickenpox infection clears and VZV can reappear years later causing shingles. Shingles most commonly occurs in people 50 years old or older."

#### **Facts About The Shingles Virus-Herpes Zoster:**

- After a person is infected by the virus, he immediately becomes a carrier. This is the reason why patients who suffer it once, never contract it again.
- Almost 1 out of 3 people in the United State can suffer from Shingles, but both children and adults could be affected by herpes zoster.
- While there are definite symptoms that characterize Shingles from other conditions, note that it is often mistook from poison ivy, impetigo, scabies and the more serious herpes simplex virus (HSV).
- The incidence of Shingles on pregnant women is very low, but there have been unfortunate stories related to pregnancy Shingles are reported dangerous to pregnant women because it can cause premature births or low birth weights to the infants.
- Zostavax is the vaccine that doctors use to help prevent the condition from becoming a problem. This vaccine helps to prevent Shingles or at least helps to reduce the negative effect of the condition.

#### **Common Questions About The Shingles Virus That Are Answered** In The Book:

- 1. What is Shingles?
- 2. Are Shingles contagious?
- 3. What are the symptoms of Shingles?
- 4. What causes Shingles?
- 5. How long does Shingles last?
- 6. How do you treat Shingles?
- 7. Is there a cure for Shingles?

The Shingles rash can be active for up to 30 days, and for most the pain is intense in the beginning and lessens as the rash heals. But some people who develop Shingles experience long-term nerve pain that can last for months, even years. The rate in which the virus goes away is dependent upon the immune system of the infected person.

If you've had Chickenpox you can get Shingles. As you get older your risk of the Herpes Zoster virus becoming active increases. If you suspect that the virus is active, get to a doctor immediately.

#### Get the book today while it is offered at an extra low introductory price.

Tags: chicken pox, shingles virus, herpes zoster, eyes, shingles in the ears, treatment, causes, symptoms, cures, contagious period, pregnancy and shingles, vaccine, rash, treatment, disease

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