



Working With Families: Guidelines and Techniques

John T. Edwards PhD

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A complete guide for helping professionals, with tried-and-true techniques for practicing family counseling therapy

Now in its second edition, *Working With Families: Guidelines and Techniques* is filled with up-to-date, systems-oriented techniques focused on field-tested results. Outlining the dos and don'ts of working with different types of families and the various complications, nuances, and complexities that can occur, this practical guide provides a broad and proven selection of interventions, processes, and guidelines for working interactively, systematically, and compassionately with families.

***Working With Families, Second Edition* covers a range of topics including:**

- Family work in different settings
- Session-by-session guidelines
- Therapeutic themes by family type
- Managing adolescents in family sessions
- Dealing with fear of family work
- Family mapping
- Strategic child assessment
- Chemical dependence and its impact on families

Informed by the author's many years of experience in the field, both as a clinician and as a trainer, *Working With Families, Second Edition* offers an invaluable systems-oriented, goal-directed, problem-solving approach to family counseling therapy for all mental health professionals.

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