



No Complaints...Shut Up and Walk: One Sexagenarian Man's Unlikely Journey Along El Camino de Santiago

Emmett Williams, Jasmyne Emmerick

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Emmett Williams was joining his wife on her pilgrimage along El Camino de Santiago de Compostela (an ancient 500 mile walk across northern Spain). It had been a “bucket list” item for each of them, but for different reasons. His wife was going in search of an epiphany, and Emmett was just taking a walking vacation. He found a personal freedom and joy previously unknown to him.

Emmett is a sexagenarian “every day” man. On the onset of his journey, Emmett is a healthy man, but has some minor physical limitation as the result of age. He simply and passionately recounts his forty-five days on the El Camino de Santiago de Compostela; the daily trials and overall triumph during an unusual vacation. While compassionately helping his wife, Monica, realize her dream; Emmett experiences an unlikely change within himself as the result of his unforgettable journey as he walked across Spain.

This book is for those seeking information of an experience on El Camino and arm-chair adventurers.

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