



Inpatient Group Psychotherapy

Irvin D. Yalom

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This essential book for front-line clinicians offers new ways of conceptualizing the techniques of group therapy for use on acute wards. Yalom makes a strong case for the efficacy of group therapy on all acute wards. He discusses how to structure the session and the kind of support that should be offered. The emphasis is on the here-and-now. He then presents two models of groups: one for the higher functioning and one for the more regressed psychotic patients.

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