



Brunch: A History (The Meals Series)

Farha Ternikar

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When Americans think of brunch, they typically think of Sunday mornings swelling into early afternoons; mimosas and bloody Marys; eggs Benedict and coffee cake; bacon and bagels; family and friends. This book presents a modern history of brunch not only as a meal, but also as a cultural experience. Relying on diverse sources, from historic cookbooks to Twitter and television, *Brunch: A History* is a global and social history of the meal including brunch in the United States, Western Europe, South Asia and the Middle-East. *Brunch* takes us on a tour of a modern meal around the world.

While brunch has become a modern meal of leisure, its history is far from restful; this meal's past is both lively and fraught with tension. Here, Farha Ternikar explores the gendered and class-based conflicts around this meal, and provides readers with an enlightening glimpse into the dining rooms, verandas, and kitchens where brunches were prepared, served, and enjoyed.

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