



Measurement and Evaluation in Physical Education and Exercise Science (3rd Edition)

Douglas N. Hastad, Alan C. Lacy

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Bridging the gap between theory and practice, *Measurement and Evaluation in Physical Education and Exercise Science* provides a practical approach to measurement and evaluation techniques used in K-12 school physical education as well as exercise science settings. Integrated measurement and evaluation models provide "real-life" examples from which students can more effectively learn. Comprehensive and "user friendly," this text clearly articulates how measurement techniques can be used to assess, evaluate, and develop more effective programs. Links between measurement and evaluation techniques to program design and development help students understand how the two are directly related. Pedagogical concerns such as decision-making, grading, and assessment of program delivery introduce accountability measures and help prepare future professionals for careers in physical education or exercise science.

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