



MBLEx Flashcard Study System: MBLEx Exam Practice Questions & Test Review for the Massage & Bodywork Licensing Examination (Cards)

MBLEx Exam Secrets Test Prep Team

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- Brain
- Bones
- Special senses
- Endocrine system

The Kinesiology section includes:

- Muscle tissue
- Major Muscles
- Facial Muscles
- Joints
- Effects of diseases on muscular system

The Pathologies and Massage Therapy section includes:

- Common pathologies
- Special Populations
- Pharmacology
- Physiological effects of massage

The Techniques section includes:

- Gliding Techniques
- Percussion techniques
- Heat and Cold applications

The Client Assessment and Treatment Planning section includes:

- Consultation
- Intake forms
- Anterior, Posterior, and Lateral postural assessment

- Basic range of motion assessment
- Types of Massages
- Hydrotherapy, heat therapy, and cold treatments

The Business Practices section includes:

- Types of businesses
- Safety Practices
- Draping
- Office and equipment
- Accountability

The History of Massage Practices section includes:

- China, India, Japan, and Egypt
- 19th and 20th Century America
- Swedish Massage

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