



# The Trading Playbook: Two rule-based plans for day trading and swing trading

*Michael Gouvalaris*

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Traders have a tendency to over-complicate. Many search for the latest new indicator that will give them an edge, or a new trading strategy to deliver bigger wins. The message of The Trading Playbook is to forget all of this and concentrate on three solid foundations to improve your trading performance: Simplicity - focus on price action alone. Probabilities - take trades where the odds are in your favour. Hard work and screen time - put in the effort to build up your trading experience. Hard work and screen time is down to the individual, but The Trading Playbook will guide you towards simplifying your trading and thinking in terms of probabilities. Michael Gouvalaris describes two straightforward trading plans that eschew complicated indicators and focus on probable outcomes. The first of these two plans - the day trading playbook - is based around ten different daily situations that can occur in the futures market. Between these ten daily setups, every single scenario is accounted for. The reader is shown how to determine what day type is in progress by studying that day's open and gap, and then high probability and low probability price action for each day type are given. Alongside the ten day types, the simple technical analysis tools of support and resistance and measuring market volatility are employed. The second trading plan - the swing trading playbook - describes effective ways to identify the trend, how to find ideal spots to enter trades in the direction of the trend, and also how to identify signals that warn of potential trend failure or reversals. Readers will learn simple and highly effective tools for spotting high probability entries and exits for trades. Again, basic technical analysis tools are employed, including measured moves, box theory and A-B-C waves. The key benefits of the two day trading and swing trading playbooks are that they give traders a well-defined plan to follow. This alleviates many of the big mistakes traders make, such as over-trading and cutting winners too early, or sitting in losing trades too long. If you are on the lookout for some trading ideas to simplify your analysis and refine your approach, The Playbook is for you.

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