



My Basque Cuisine: A Love Affair with Spanish Cooking

Ash Mair

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This book was designed in mind after Ash Mair became the 2011 winner of the successful UK show "MasterChef". The recipe content of the book will continue along the theme of Ash's time on "Professional MasterChef" which was Spanish/Basque influenced dishes put together with mostly easy to get ingredients. Most dishes will have a connection to traditional Spanish and Basque cuisine but in most cases will have a modern touch, be of a "lighter" style and be made with ingredients of a more obtainable nature. All the techniques included will be aimed at the home cook and no specialised kitchen equipment will be needed to produce any of the recipes. The book will contain recipes for 80-90 dishes. There will also be a number of recipes in the region of 20-30 in a "sauces and basics" chapter, which will include items such as stocks, purees and foundation components that are used in multiple dishes. "Walking into the Masterchef studio for the first time was an extremely surreal but amazing feeling and at that stage I didn't know I would get to know the place so well. The first day of cooking was exciting, I just couldn't believe that I was actually there and that same feeling continued all through the series." This book is a focus on getting the right balance between beautiful looking food and perfectly balanced flavours. Ash Mair shares with us his international food techniques, tips and recipes. Some of those were cooked on "MasterChef" and others that are family favourites and signature dishes. Taking traditional cuisine and modern cooking techniques, this celebrity chef shares his love of international flavours and cooking styles to help anyone at home prepare Basque cuisine.

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Edna Kopec:

Spent a free time and energy to be fun activity to perform! A lot of people spent their spare time with their family, or their own friends. Usually they doing activity like watching television, going to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Will you something different to fill your free time/ holiday? Could possibly be reading a book may be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to consider look for book, may be the book untitled My Basque Cuisine: A Love Affair with Spanish Cooking can be good book to read. May be it is usually best activity to you.

Catherine Gabel:

Playing with family in a very park, coming to see the coastal world or hanging out with buddies is thing that usually you could have done when you have spare time, in that case why you don't try point that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love My Basque Cuisine: A Love Affair with Spanish Cooking, you could enjoy both. It is very good combination right, you still want to miss it? What kind of hangout type is it? Oh come on its mind hangout folks. What? Still don't understand it, oh come on its called reading friends.

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