



# **Racism in the United States: Implications for the Helping Professions (Counseling Diverse Populations)**

*Joshua Miller, Ann Marie Garran*

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With this fascinating text, you will start to analyze the social and psychological dynamics of racism and the implications it will carry for you as helping professional. Authors Joshua Miller and Ann Marie Garran investigate the many facets of racism in the United States, examining how racism exists not only outside of us, but inside of us as well. Human service workers must confront and challenge racism in both these areas. Those in the helping professions are ethically obligated to work for a society of fairness and social justice and to provide culturally responsive services to all clients, ensuring equal access and quality. The authors demonstrate that it is insufficient to solely focus on social structures, services, institutional practices, or on changing other people. They show that we must also look within and explore our own biases and blind spots which influence how we view ourselves and those whom we are committed to helping.

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