

# Generation Me - Revised and Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before

Jean M. Twenge

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In this provocative and newly revised book, headline-making psychologist Dr. Jean Twenge explores why the young people she calls "Generation Me" are tolerant, confident, open-minded, and ambitious but also disengaged, narcissistic, distrustful, and anxious.

Born in the '80s, and '90s and called "The Entitlement Generation" or Millennials, they are reshaping schools, colleges, and businesses all over the country. The children of the Baby Boomers are not only feeling the effects of the recession and the changing job market—they are affecting change the world over. Now, in this new edition of Generation Me, Dr. Twenge incorporates the latest research, data, and statistics, as well as new stories and cultural references, to show how "Gen Me-ers" have shifted the American character, redefining what it means to be an individual in today's society.

Dr. Twenge uses data from 11 million respondents to reveal shocking truths about this generation, including dramatic differences in sexual behavior and religious practice, and controversial predictions about what the future holds for them and society as a whole. Her often humorous, eyebrow-raising stories about real people vividly bring to life the hopes, disappointments, and challenges of Generation Me. Engaging, controversial, prescriptive, and funny, Generation Me gives Boomers and GenX'ers new and fascinating insights into their offspring, and helps those in their teens, twenties, and thirties find their road to happiness.



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