



4 A.M. Breakthrough: Unconventional Writing Exercises That Transform Your Fiction

Brian Kiteley

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Realize All That Is Possible in Your Fiction

Writers have long turned to exercises for help with beginning—be it a new piece of fiction, a daily routine, or a serious writing life. Behind the theory of exercises is an attitude of curiosity and expectancy, a desire to ask questions of yourself and of the world, to boldly—or not so boldly—stick a toe into the waters of something fresh, provocative, and exhilarating. To create fiction on the verge.

In *The 4 A.M. Breakthrough*, companion to *The 3 A.M. Epiphany*, award-winning author and professor **Brian Kiteley** presents you with another 200 stimulating exercises, designed to help you expand your understanding of the problems and processes of more complex, satisfying fiction and to challenge you to produce works of which you never thought yourself capable.

You'll learn how to:

- Train your writing instincts, so creation becomes a more organic, automatic process
- Tackle challenging concepts and themes, such as Language Games, The Mind, Money & Class, and History, laying a foundation for larger, more significant writing projects
- Make your writing process more fun and experimental, so you'll approach your fiction in the spirit of discovery, rather than with anxiety

Open the book. Choose an exercise. Surprise yourself.

Anything can happen—even at 4 a.m.

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Why? Because this 4 A.M. Breakthrough: Unconventional Writing Exercises That Transform Your Fiction is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will zap you with the secret it inside. Reading this book alongside it was fantastic author who all write the book in such incredible way makes the content within easier to understand, entertaining way but still convey the meaning totally. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of benefits than the other book have such as help improving your expertise and your critical thinking approach. So , still want to hold off having that book? If I ended up you I will go to the book store hurriedly.

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