



Six Steps to an Emotionally Intelligent Teenager: Teaching Social Skills to Your Teen

James Windell, Windell

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Practical parenting ideas for kids from ages 13 to 19

Helping teenagers navigate the rocky years between childhood and adulthood has always been a parenting challenge--a challenge that has only grown more difficult in today's fast-paced society. Noted parenting author and psychologist James Windell knows teens. He interacts with them every day. In this book, he offers exercises and practical ideas on how parents can raise a well-adjusted teenager with a solid chance for a successful life. Unlike so many books on parenting and teens that focus on discipline, this book emphasizes the importance of goal-setting, communication, and the development of social skills during the teen years. It reveals how to develop teens' emotional intelligence by demonstrating to them how they can handle their own emotions and respond constructively to the emotions of others.

James Windell, MA (Detroit, MI), is a juvenile court psychologist. He is the author of ""Children Who Say No When You Want Them to Say Yes"" and ""Eight Weeks to a Well-Behaved Child."" Windell has appeared on CNN and ""Donahue,"" and his work has appeared in many national newspapers and magazines, including Jane Brody's column in the ""New York Times.""

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Lenore Ryan:

Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you could have done when you have spare time, and then why you don't try thing that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Six Steps to an Emotionally Intelligent Teenager: Teaching Social Skills to Your Teen, you could enjoy both. It is very good combination right, you still want to miss it? What kind of hangout type is it? Oh come on its mind hangout guys. What? Still don't have it, oh come on its named reading friends.

Joseph Gee:

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