



Mating in Captivity: Reconciling the Erotic and the Domestic

Esther Perel

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Why does great sex so often fade for couples who claim to love each other as much as ever?

Can we want what we already have?

Why does the transition to parenthood so often spell erotic disaster?

Does good intimacy always make for good sex?

Esther Perel takes on these tough questions, grappling with the obstacles and anxieties that arise when our quest for secure love conflicts with our pursuit of passion. She invites us to explore the paradoxical union of domesticity and sexual desire, and explains what it takes to bring lust home.

In her twenty years of clinical experience, Perel has treated hundreds of couples whose home lives are empty of passion. They describe relationships that are open and loving, yet sexually dull. What is going on?

In this explosively original book, Perel explains that our cultural penchant for equality, togetherness, and absolute candor is antithetical to erotic desire for both men and women. Sexual excitement doesn't always play by the rules of good citizenship. It is politically incorrect. It thrives on power plays, unfair advantages, and the space between self and other. More exciting, playful, even poetic sex is possible, but first we must kick egalitarian ideals and emotional housekeeping out of our bedrooms.

While *Mating in Captivity* shows why the domestic realm can feel like a cage, Perel's take on bedroom dynamics promises to liberate, enchant, and provoke. Flinging the doors open on erotic life and domesticity, she invites us to put the "X" back in sex.

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