



# The Modern Alchemist: A Guide to Personal Transformation

*Iona Miller*

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# The Modern Alchemist: A Guide to Personal Transformation

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**The Modern Alchemist: A Guide to Personal Transformation** Iona Miller

is a first-hand experiential guide to the process which medieval alchemists represented as the transmutation of lower substances into higher ones: lead into gold if you will. To Richard and Iona Miller the transformation goes far deeper than that-it is an inner change which leads to wholeness integration and flowering of the total personality. In the language of depth psychology as well as alchemy the authors show how to forge an intimate connection with the nurturing powers of the universe-and also with the lost part of ourselves.

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