



The Fifth Agreement: A Practical Guide to Self-Mastery (Toltec Wisdom)

Don Miguel Ruiz, Don Jose Ruiz, Janet Mills

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In this long-awaited sequel to *The Four Agreements*, don Miguel Ruiz collaborates with his son, don Jose Ruiz, to offer another powerful agreement for transforming our lives. The fifth agreement encourages us to see the truth, to recover our authenticity, and to change the message we deliver not only to ourselves, but to everyone around us.

The Four Agreements provides the foundation for breaking thousands of agreements that create needless suffering and with *The Fifth Agreement* you recover all the power of your authenticity, which is who you really are when you are born.

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