



Nurse's Handbook of Alternative & Complementary Therapies

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This comprehensive handbook covers more than 100 alternative and complementary therapies, as well as fundamentals of alternative therapies and their impact on nursing practice. Organized by category, each entry includes an introduction, therapeutic uses, a research summary, equipment, procedures involved, complications, and a nursing perspective. Where appropriate, entries include safety factors, contraindications, possible adverse effects, and specialty group concerns. Reference lists of research studies are included at the end of each chapter. New features include 10 new entries, a revised and updated herbal therapy chart that includes dosages, and an in-text "clinical alert" logo that highlights warnings and other critical information. Special emphasis is placed on patient teaching and how to incorporate alternative and complementary care and nursing practice.

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