



How to Cook Everything Vegetarian: Simple Meatless Recipes for Great Food

Mark Bittman

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The ultimate one-stop vegetarian cookbook—from the author of the classic *How to Cook Everything*.

Hailed as "a more hip *Joy of Cooking*" by the Washington Post, Mark Bittman's award-winning book *How to Cook Everything* has become the bible for a new generation of home cooks, and the series has more than 1 million copies in print. Now, with *How to Cook Everything: Vegetarian*, Bittman has written the definitive guide to meatless meals—a book that will appeal to everyone who wants to cook simple but delicious meatless dishes, from health-conscious omnivores to passionate vegetarians.

How to Cook Everything: Vegetarian includes more than 2,000 recipes and variations—far more than any other vegetarian cookbook. As always, Bittman's recipes are refreshingly straightforward, resolutely unfussy, and unfailingly delicious—producing dishes that home cooks can prepare with ease and serve with confidence. The book covers the whole spectrum of meatless cooking—including salads, soups, eggs and dairy, vegetables and fruit, pasta, grains, legumes, tofu and other meat substitutes, breads, condiments, desserts, and beverages. Special icons identify recipes that can be made in 30 minutes or less and in advance, as well as those that are vegan. Illustrated throughout with handsome line illustrations and brimming with Bittman's lucid, opinionated advice on everything from selecting vegetables to preparing pad Thai, *How to Cook Everything: Vegetarian* truly makes meatless cooking more accessible than ever.

Praise for *How to Cook Everything Vegetarian*:

"Mark Bittman's category lock on definitive, massive food tomes continues with this well-thought-out ode to the garden and beyond. Combining deep research, tasty information, and delicious easy-to-cook recipes is Mark's forte and everything I want to cook is in here, from chickpea fries to cheese soufflés."—Mario Batali, chef, author, and entrepreneur

"How do you make an avid meat eater (like me) fall in love with vegetarian cooking? Make Mark Bittman's *How to Cook Everything Vegetarian* part of your culinary library."—Bobby Flay, chef/owner of Mesa Grill and Bar Americain and author of the *Mesa Grill Cookbook*

"Recipes that taste this good aren't supposed to be so healthy. Mark Bittman makes being a vegetarian fun."—Dr. Mehmet Oz, Professor of Surgery, New York-Presbyterian/Columbia Medical Center and coauthor of *You: The Owner's Manual*

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From reader reviews:

Christopher Barnes:

This book untitled How to Cook Everything Vegetarian: Simple Meatless Recipes for Great Food to be one of several books in which best seller in this year, that's because when you read this book you can get a lot of benefit upon it. You will easily to buy this particular book in the book retail store or you can order it by way of online. The publisher in this book sells the e-book too. It makes you more readily to read this book, since you can read this book in your Mobile phone. So there is no reason to you personally to past this guide from your list.

Noemi Burns:

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Orville Norman:

Reading a guide tends to be new life style in this era globalization. With reading through you can get a lot of information that will give you benefit in your life. Together with book everyone in this world can share their idea. Publications can also inspire a lot of people. Plenty of author can inspire their very own reader with their story or maybe their experience. Not only situation that share in the textbooks. But also they write about the information about something that you need illustration. How to get the good score toefl, or how to teach your children, there are many kinds of book which exist now. The authors in this world always try to improve their expertise in writing, they also doing some analysis before they write for their book. One of them is this How to Cook Everything Vegetarian: Simple Meatless Recipes for Great Food.

Michael Torres:

This How to Cook Everything Vegetarian: Simple Meatless Recipes for Great Food is great guide for you because the content that is full of information for you who also always deal with world and get to make decision every minute. This kind of book reveal it info accurately using great organize word or we can say no rambling sentences inside. So if you are read the idea hurriedly you can have whole info in it. Doesn't mean it only gives you straight forward sentences but difficult core information with splendid delivering sentences. Having How to Cook Everything Vegetarian: Simple Meatless Recipes for Great Food in your

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