



No One Ever Taught Me How to Learn: How to Unlock Your Learning Potential and Become Unstoppable

I. C. Robledo

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Who Taught You How to Learn?

Did you ever wish someone would teach you how to learn? Have you ever struggled with learning something new, and not known where to begin? Is there something you really want or need to learn, but you don't feel like you're a good enough learner to get started?

If you answered 'yes' to a question above, then this book will help you. Unfortunately, you've probably never had anyone teach you how to learn. Nonetheless, this is very common. Even though learning is rarely taught, it's critical to be a good learner to do well in society. Often times at school or at work you'll be given something that you need to know how to do, then you'll simply be told to learn it. There may be a few instructions on what to do with it, but a lot of the time you will need to figure it out on your own. People often assume that we know how to learn, when the reality is that many of us have poor learning skills and habits. Even those of us who learn well may be doing so in spite of bad learning habits! We get used to learning the same way we always do, whether or not the results are any good. **You should realize that there is always room to improve your learning, which will then help to improve your abilities in the domains or skills you find important.**

With Great Learning Comes Great Power

When you become a great learner, you don't need to be intimidated when something new is placed in front of you. You can learn to systematically approach new topics or skills that you want to learn. Rather than feeling insecure, you'll feel confident when asked to learn something new, or when you decide for yourself that you'd like to do so.

A sense of power can come from understanding the learning process. You won't have to struggle as much when you become familiar with how learning works. For example, many students use ineffective learning techniques to study for exams every day. This is unfortunate because they waste time by doing this. Perhaps you are wasting time too. If you only improved your ability to learn, you could possibly get more done in less time.

If you read this book you will become familiar not only with good ways to learn, but also with the many misconceptions that some people have about learning. It can be damaging and slow down your progress to learn through poor habits that you've picked up from others. Someone who understands the pitfalls to

learning as well as the best ways to learn new things will be far ahead of most people. We must focus on adopting good learning habits and getting rid of the bad ones.

It's important to realize that through developing your ability to learn, you can develop new skills and abilities faster, more efficiently, and with greater understanding.

Some Examples of What You Will Learn Are....

- Why learning matters
- The many myths and misconceptions about learning
- What we can learn from children
- Understand the learning process
- Less effective ways to learn
- Effective learning techniques
- Work on your learning toolkit
- The three types of learners

To Get Started with Improving Your Learning....

Buy “**No One Ever Taught Me How to Learn**” and understand how learning works so you can begin to excel in your pursuits.

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