



# **An Introduction to American Learnership: Total Learning, Knowing, and Leading as a Mindful Way-of-Being (Self Management and Professional Performance Book 1)**

*Dr. Rudy Garrity*

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LEARNERSHIP (lifelong learning) is a complex social activity with the object of knowledge creation and use in virtually all human affairs. And, learners are people with an ability to learn--although the development of this ability and willingness to use it varies widely across the general population.

It follows, then, that there should be a term to describe people who are exceptional and influential learners, the breadth of their capabilities, and the extent of their influence on others. Learning to learn -- and to use what can be learned in the societal system-of-systems by individuals, organizations, and communities -- empowers everyone to achieve their own mindful ways-of-being.

This is the first book in the American Learnership Forum new e-book series on Self Management and Professional Performance and encourages readers to purchase the print book of the same title here on Amazon.com. Readers are invited to participate in a Free Webinar entitled "What is the Meaning of (YOUR) Life?" which is based on the concept and practices of learnership. To register: [www.contactus@alforum.org](mailto:www.contactus@alforum.org).

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