



Children and Traumatic Incident Reduction: Creative and Cognitive Approaches (TIR Applications Series)

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What if we could resolve childhood trauma early, rather than late?

Coping and defense mechanism become inflexible **What if we could resolve childhood trauma before years go by and these effects solidify in body and mind?** In a perfect world, we'd like to be able to shield children from hurt and harm. In the real world, children, even relatively fortunate ones, may experience accidents, injury, illness, and loss of loved ones. Children unfortunate enough to live in unsafe environments live through abuse, neglect, and threats to their well-being and even their life. **What if we could resolve childhood trauma fully, gently, and completely while the child is still young?** We Can. Read *Children and Traumatic Incident Reduction* and find out how!

"This book is a must for any therapist working with kids. Naturally, it focuses on the approach of Traumatic Incident Reduction, but there is a lot of excellent material that will be useful even to the therapist who has never before heard of TIR and may not be particularly interested in learning about it. The general approach is respectful of clients, based on a great deal of personal experience by contributors as well as on the now extensive research base supporting TIR, and fits the more general research evidence on what works". -Robert Rich, PhD

Book #2 in the *TIR Applications Series*. Series Editor: Robert Rich, PhD

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